We are a nation of sports lovers and in Berwick we have a strong tradition of developing sporting prowess. Whether young or old there are sporting opportunities available in Berwick and this directory is an invaluable resource for clubs, parents and community members who are looking to take part in a new activity.

I’d like to thank all the clubs who have taken part, providing details for the directory and to Tom Johnston, Berwick-upon-Tweed Council’s Sports Development Officer who has co-ordinated the collation of information and turned it into such a handy booklet.

This resource will make access to sporting opportunities easier, which hopefully means that more people will start to have healthier lives through active participation in a chosen activity, be it walking, swimming, football or horse riding.

Best wishes

Councillor Tony Hughes
Leader of Berwick-upon-Tweed Borough Council.
Northumberland Sport was established in mid 1998, a consortium that further strengthened the links between the County and District Councils. It also enabled further links with Sport England, Health Action Zone (now known as Northumberland Care Trust), Youth Sport Trust, Governing Bodies of Sport, National Coaching Foundation (now known as sports coach UK), English Federation of Disability Sport, Northumbria University, Northumberland College, North East Federation of Sport and Recreation and community based providers in order to improve provision and participation in sport across the county, especially by young people.

The Northumberland Sport Strategy 2004-2008 aims to ensure that sports provision will be strategically driven and underpinned by quality physical education and sports development practice. The partnership will achieve this by increasing the provision of high quality local opportunities in sport for every person in Northumberland, and by establishing a County network of clubs and associations to provide long term involvement in sport, and opportunities for individuals to realise their potential. It will provide all individuals with equal access and opportunities to a range of activities, regardless of their age, ability, disability, gender, socio-economic or cultural/ethnic background or geographical location.

Northumberland Sport can provide a co-ordinated multi agency partnership approach to create new pathways of participation to develop widespread inclusion of all organisations and agencies. Partners will strive to achieve strategic development of facilities and initiatives and make efficient and effective use of human and financial resources. The strategy will ensure that opportunities are targeted towards raising standards, motivating and promoting the self-esteem and aspirations of all those involved. Good practice will be shared and disseminated.

Sport can:
- create a happier and healthier population by reducing health and social inequalities
- maximise learning opportunities to create job prospects
- promote health and healthy lifestyle messages
- provide opportunities for more people to be involved in their communities
- contribute to rebuilding communities
- build confidence and raise self esteem
- provide opportunities to experience success
- promote socialisation
- increase economic regeneration
- contribute to safer communities

Hi, I am the current Sports Development Officer for the Borough. Over the last five years that this post has been in existence, the sporting landscape has changed. The Borough now has two sports organisations - the Berwick Local Sports Council (which has been reformed and looking for affiliated members) and the Glendale Sports and Leisure Association. The Sports Development Officer has helped establish the Walking to Health Initiative officer (see page right) and a post to develop sport for all abilities (see overleaf). Also, the Borough works in partnership with Northumberland Sport to try and bring the best possible sport opportunities to the region.

As the Sports Development Officer, I would like to explore any possible means for people of all ages to be involved in sports of any kind. This could range from sociable recreational physical activity to competing in leagues and cups at the weekend, from entering the sporting events in the town to starting up a new club. I am currently focussing on coach education, new opportunities to participate in sports and developing facilities.

DAYS FOR YOUR DIARY
May 14 & 15 The Border Marches Walking Festival
July 20 Curfew Run

This was designed so that all clubs and groups could meet Northumberland Sport and myself and if they have not already done so, meet the sports associations, other clubs and groups to network and attract new members to your club. I hope to repeat this event again in the future.

If you would like to discuss any aspect of sport, fitness and physical activity, have an idea for a club or want some advice on how to take your club forward then please do not hesitate to contact me.

I understand there are more clubs in the Borough than are included in this directory. If your club is not included, and would like to be, or your club contacts have changed, please contact me on the details below. I would like to make this an annual publication with all clubs listed.

Tom Johnston,
Sport Development Officer
Berwick-upon-Tweed Borough Council
Council Offices, Wallace Green
Berwick-upon-Tweed TD15 1ED
Email: tj@berwick-upon-tweed.gov.uk
Tel: 01289 301823 Mobile: 07951 738470
Currently (January 2005) groups in Belford, Berwick, Seahouses and Wooler leave from local start points and follow varying routes around the area. We are always prepared to initiate groups elsewhere in the borough if sufficient interest demands. Join us and find out for yourself just what fun it can be.

There are currently two levels of walk - short lasting from 30 to 60 minutes and long which last for about an hour and a half covering three to four miles. Apart from improved fitness, most walkers look forward to the company - a social event with real benefits.

Two trained volunteers guide the walks, one at the front and the other bringing up the rear. They will ask you to complete a short health questionnaire before you set off and ensure that the pace set is within your limitations. Within a few weeks you should find a noticeable difference in your health whether through improved mobility, stamina or just a feeling of well being. You may also learn more about your locality. Be surprised to find out how much you don’t see from the bus or car or on that walk from home or car park to the shops.

If you are already a keen walker who wants to be part of getting the Berwick borough on its feet, we are always looking for new Walk Leaders. All we ask is your commitment to lead at least four walks a year. You will receive professional training, including basic First Aid and have access to the necessary equipment to ensure walkers’ safety. The current programme times may not fit with your busy schedules but we always try to accommodate everyone. For more information on health walks in your area or if you would like to become involved in any way, please contact Bea Nicholson at the Council Offices on 01289 301 774 or email ben@berwick-upon-tweed.gov.uk.

We look forward to welcoming you, whether you are an existing walker or just want to see what it is all about. No need to book, just turn up at one of the following places wearing comfortable shoes and suitable outdoor clothing.

Jo Curtis is now working at the Council Offices. Her aim is to provide and create sporting and physical activities for people of ‘ALL ABILITIES’. Also to encourage existing clubs to make provision for people with disabilities. There are training opportunities for anyone who is interested in attending courses leading to ‘Coach’ or ‘Leader’ for sport for people with disabilities.

Contact details:
Jo Curtis
Disability Sports Development Officer
Berwick-upon-Tweed Borough Council
Council Offices, Wallace Green
Berwick upon Tweed TD15 1ED
Tel: 01289 301726 Fax: 01289 330540
Mobile: 0774 296 2924
email: joc@berwick-upon-tweed.gov.uk
The Berwick Local Sports Council was formed in order to serve the Sporting Clubs in the area. After a dormant period, the BLSC has reformed and all officers are in place looking to revive and rejuvenate the organisation. We currently have over 30 affiliated clubs which have received over £1500 in grants. We look forward to helping the local clubs develop, and individuals achieve their goals.

The BLSC gives grants for all kinds of equipment, courses and is keen to help those of all abilities, teams or individuals, to achieve their goals and dreams. In order to receive a grant form the BLSC the individual or club needs to be an affiliated member.

For application forms please contact Tom Johnston at the Council offices (01289) 301823 or tj@berwick-upon-tweed.gov.uk. Affiliation costs just £10.

The Committee consists of:
- Ollie Thompson Chair
- Joan Reed Vice Chair
- Colin Keenan Treasurer
- Tom Johnston Secretary
- Debbie Couch Committee Member
- Jim Buchanan Committee Member
- Chris Budzynski Committee Member
- John Crawford Committee Member
- Jo Curtis Committee Member
- Cllr B Douglas Councillor
- Cllr Patterson Councillor
- Cllr D McClymont Councillor
- Cllr L W Robson Councillor

The BLSC also hosts an awards night for the local sporting heroes and heroines. There are prizes for the Top Male and Top Female (Junior and Senior), Top Team (Junior and Senior), Top Coach and Top Disabled Athlete. There is also a Fair Play Award and a prize for Services to Sport.

For nomination forms please contact Tom Johnston. This year the Annual Awards night takes place on Wednesday 23rd February starting at 7.30pm at The Maltings.

The North Northumberland Partnership was established in September 2004, and officially launched in October 2004 by two high profile festivals in Alnwick and Berwick respectively. It covers the area from Felton in the South to Berwick in the North, and from Cornhill-on-Tweed in the West to Holy Island in the East - an area of approximately 400 square miles, is comprised of the Alnwick and Berwick Partnerships - a total of 41 schools – 2 High, 7 Middle, 30 First and 2 Special – and over 6000 pupils. These schools have been organised into two main families – The Alnwick and Berwick families, based on the existing school Partnerships. These Families are then organised into smaller families consisting of Middle and First schools according to designated feeder schools.

The Partnership is managed by a Partnership Development Manager, and staffed by a team of four School Sport Co-ordinators based in the High and Special schools, who work closely with the 41 Link Teachers based in each school.

The overall aim of the Programme is ‘to help schools to ensure that their pupils spend a minimum of two hours each week on high quality PE and sport’, and the programme therefore aims to improve both the quality and quantity of curriculum PE and out-of-hours sporting opportunities. However, there are 6 National Aims which have to be addressed within the Partnership Development Plan:

- Strategic Planning
- School Liaison
- Out of School Hours Learning
- School to Community
- Coaching and Leadership
- Raising Standards

The main focus of the Partnership will be on developing curriculum PE, extra-curricular opportunities, and links with local clubs and the community. Schools will benefit from increased curriculum support, staff training opportunities and help to secure funding for funding for resources and facilities. The pupils will have better PE lessons, more extra-curricular clubs, regular festivals and competitions against other schools, and increased opportunities to take part in local clubs outside of school.

If you would like further information about the Programme, please visit the website at www.northnorthumberlandssco.co.uk, or contact Chris Heath, Partnership Development Manager on 01668 219881.
Hi, My name is Jennie Brewis and I am the newly appointed Sports Club Development Officer for a new and exciting project in your area called Club Development Project. This project came about through a pilot scheme run in the Tynedale area to help and support sports clubs to develop. It was very successful. Funding was then put in place for this project to run and it was identified that the areas that needed help with club development were the Berwick, Alnwick and Tynedale districts. The project received the funding from a variety of sources, the main ones being European Social Fund and the Northern Rock Foundation. This project which I am involved with is all about helping and supporting clubs to develop in many different ways.

Some of the areas which we are hoping to help with are issues of child protection, legislation, coaching, training, first aid, gaining club mark status to name just some of the areas. We are hoping to help clubs to sustain what they already have, build new sections and even in some cases we may help form new clubs where there is a need.

If you want any advice or information or you think that this project could benefit your club in any way please contact me on: Tel: 01665 605030 (Willowburn sport and leisure centre, Alnwick) Email: jennie.brewis@northcountryleisure.org.uk

The Glendale Sport & Leisure Association was formed after a public meeting in 2000 to discuss sport and leisure facilities within Glendale. It was decided then that a small steering group would be set up, to ascertain the needs of the local community for sport and leisure facilities, by carrying out a club survey and a household survey. The steering group then developed into the Glendale Sport & Leisure Association which became constituted and achieved charitable status with over 20 clubs as members.

It was evident from the outcome of the studies that most sport & leisure facilities needed to be upgraded with changing facilities etc. A Feasibility Study was commissioned and completed in September 03. A Preferred Option emerged from the report which was a development at the Glendale Middle School with changing rooms, open learning facility, multi use games area with floodlighting and an adult football pitch adjacent to the school playing fields. The report also included a development at the Riverside Caravan Park in Wooler, which would include a gym, steam/sauna room, swimming pool, dance studio, crèche facility, office/reception and changing facilities.

The GS&LA is now in the process of pulling together a project management team to take the above project forward.

If you would like further information please contact Linda Murray on 01668 282 132 or email p-g-murray@tiscali.co.uk

Linda Murray
GS&LA Secretary
WOOLER & DODDINGTON ANGLING ASSOCIATION

Contact
Mr A Nicholson, Tel: 01668 283279 or Mr J Reed, Tel: 01668 282028

The Angling Club fish on the Wooler Water and the River Till and caters for all ages.

KILHAM & KIRKNEWTON ARCHERS

Contact
Norman Gauld, Tel: 01289 307157

We meet at Kirknewton village hall every Tuesday evening at 7pm, also 1pm on the third Sunday of each month. The club is open to anyone over the age of 8 years, however anyone under 18 MUST be accompanied by a responsible adult.

Prospective members MUST undergo a basic beginners course. The club runs these courses regularly throughout the year. The aim of the club is to allow people to become proficient in the Art of Archery and have fun.

We shoot indoors (and outdoors, weather permitting) at paper targets and also alternative ‘fun’ targets at ranges of up to 200 metres. We run a club competition and occasionally visit other clubs. We also attend Village shows during the summer with an Archery stand for the public to ‘have a go’. For further details please call.

BERWICK BOROUGH ARCHERY CLUB

Contact
Jo Curtis, 18 Mordington Avenue, Berwick upon Tweed, Tel: 01289 332619
Mr Ken Dickson, 2 Megstone Court Berwick upon Tweed, Tel: 01289 308876

Archery for all abilities means just that come along, no matter what your skill level is. The aim of the club is to become proficient with a bow and learn how to shoot both indoors and outdoors, leading towards both friendly and formal competition. You will undergo a basic beginner’s course. The aim of the club is to become proficient with a bow and of course have fun! Mondays at Longridge Towers.
**BERWICK HARRIERS AC**

**Contact**
Rod Rutherford, 248 Highcliffe, Spittal Berwick upon Tweed, Tel: 01289 305988
Email: Roderick.r@rutherford45.freeserve.co.uk

Jeanette Learmonth, 33 Eastcliffe, Spittal Berwick-upon-Tweed, Tel: 01289 330068

Berwick Harriers is a athletics and running club which caters for both men and women. The club also welcomes new members as young as 9. So why not phone us up and join in? Your physical fitness will soar and your body will thank you for it. We train on Tuesday and Thursday for both men and women. Age range is from 9 years old upwards.

**NORHAM RUNNING CLUB**

**Contact**
James Blythe, 6 Castle Street, Norham, Berwick upon Tweed, Tel: 01289 382442

Running club that is based in Norham, peak your fitness making your body healthier all over. We train on Thursday night at 7pm leaving from the Village Hall. We are affiliated with N.E.A.A. We have both men and women from ages 18-90 years old.

**WOOLER RUNNING CLUB**

**Contact**
Mary Logan Tel: 01289 382442

The Running Club meet every Tuesday evening.

**BERWICK BOWLING CLUB**

**Contact**
Tom Skelly, 10 Castle Terrace Berwick upon Tweed, Tel: 01289 305737

Berwick Bowling Club is a private club that meets every night of the week between April and September. We incorporate both men and women of all ages and abilities. Please contact the above number if you want to compete or simply want some fun! We practise from the end of April until the end September. Our members range from age 16 upwards.

**BOWLING**

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**FORD AND DISTRICT CARPET BOWLS CLUB**

**Contact**
Raymond Clark, 27B Crumstone, Seahouses, Northumberland NE68 7RJ Tel: 01665 721731
Betty Walton, 3 Megstone Close Seahouses, Northumberland NE68 7RT, Tel: 01665 721731

North Sunderland and Seahouses Carpet Bowls Club meet at Seahouses Sports Centre on Sunday afternoon between 2.30pm–4.30pm and on Wednesday nights between 7pm–9pm. We compete in the North Northumberland Carpet bowls league. We would gladly welcome new members, either male or female and of any age or ability. We have wheelchair access and our centre is in the process of installing disabled toilets.

**NORTH SUNDERLAND AND SEAHOUSES CARPET BOWLS CLUB**

**Contact**
Raymond Clark, 27B Crumstone, Seahouses, Northumberland NE68 7RJ Tel: 01665 721731
Betty Walton, 3 Megstone Close Seahouses, Northumberland NE68 7RT, Tel: 01665 721731

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TWEEDMOUTH BOWLING CLUB

Contact
Honorary Secretary, Tweedmouth Bowling Club, Riverside Road, Tweedmouth, Berwick-upon-Tweed TD15 2HQ

Tweedmouth Bowling Club was established in 1934. After about 30 years in the doldrums the club is now on a terrific upward spiral due, in no small part, to an influx of youngsters in the last three years - juniors who are as good as many of the more experienced players. One of the juniors is also the current Berwickshire junior champion, after playing the game for only three years! The club is open to anybody, regardless of age or where they live, and we have four excellent coaches who are more than willing to assist novice players. The game of bowls is shaking off its outdated tag of being an ‘old mans sport’ so why not come along and try it - you’ve got nothing to lose but that glum look on your face!

SCREMERSTON INDOOR CARPET BOWLS

Contact
John M Black, 18 Cheviot Terrace Scremerston, Berwick-upon-Tweed, TD15 2RD Tel: 01289 305411

Scremerston indoor carpet bowls is a bowling club that accepts male or female from 12+. So come and enjoy yourself Monday and Thursday. Walkergate Club Both. 12 up, but age 11 if accompanied by a Adult.

WOOLER BOWLING CLUB

Contact
Alan F Shepherd, 1 Ryecroft Park Wooler NE71 6AS, Tel: 01668 282077
Rob Donkin, 20 Weetwood Avenue Wooler NE71 6AG Tel: 01668 282258
Woolerbc@aol.com

Wooler bowling club would gladly like to welcome new members whether they’re young or old male or female. After all bowling is more then just a old man’s sport! We have men and women practising of all ages. The Bowling Club is open from April to September, a membership is £30 per annum for adults and £10 for juniors, non-members are welcome.

BERWICK CHESS CLUB

Contact
Secretary, Maltings Art Centre, Eastern Lane TD15 2AJ, Tel: 01289 330523

Chess for all levels of skill including starters to elite Chess players. New players can also benefit from free tuition so you can become a Chess champion too. We practice on Monday nights and welcome men and women of all ages.
BERWICK CRICKET CLUB
Contact
John Simmons, 4 Valley view
Tweedmouth, Berwick-upon-Tweed
Tel: 01289 308500, Email:
Johnsimmons@tweeddalepress.co.uk
Tim McCreath, 29 North Road
Berwick upon Tweed, Tel: 01289 302518
Berwick Cricket club has a sociable club
that plays matches in the Alnwick and district league. It also has a juniors for
both male and females from 9 upwards. Tuesdays. Alnwick & District League
Seniors male. Juniors open to both. 9 upwards

TILLSIDE CRICKET CLUB
Contact
Cameron McGregor, 24 Invison Road,
Berwick-upon-Tweed TD15 2EA
Tel: 07739488450
Email: camdoolio@yahoo.co.uk
Tillside Cricket Club has a sociable club
that plays league matches in the
Alnwick and District Cricket league. It
also has friendlies and a junior section.
We train on Thursday night from 6.45pm
and juniors from 6pm–7.30pm on Fridays
at Etal Village Pitch Juniors are welcome
from age 5 upwards. Everyone welcome.

WARENFORD CRICKET CLUB
Contact
T. Thompson, 7 Brownsman Court,
Seahouses NE68 7YR
Cricket club for the Warenford area.

THE BORDERS WHEELCHAIR CURLING CLUB
Contact
Joan Reed
Tel: 01289 382550
Jim Buchanan
Tel: 01289 304022
Ken Dickson
Tel: 01289 308876
The Borders Wheelchair Curling Club have Ice booked most Saturdays at Kelso
and would welcome anyone who would like to come and giving Curling a try.
We have 15 club members, the ice rink is fully wheelchair accessible, both to the ice
and the recently installed lift give access to the clubrooms upstairs. Fully qualified
coaches are on hand to coach the game. Please contact the above for more
information.
FOOTBALL

BERWICK CHARITIES CUP

Contact
Les Chappell, 26 Ladywell Road, Tweedmouth, Tel: 01289 302521
Bryan Boyd, 49 Greenwood Tweedmouth, Tel: 01289 302951
This is a tournament held every summer from May to August for men only. Please contact the above for more details.

BELFORD FC

Contact
S Wood (treasurer), 17 West Street, Belford Tel: 01668 213910
D Greshom (manager), 22 Croft Field, Belford Tel: 01668 213986
One of the oldest existing clubs in the N.N.F.L. join them no matter what sex. We train on Tuesday evenings then play in league matches while there are opportunities in friendlies for ladies and seniors.

BERWICK RANGERS JUNIORS FC

Contact
Jimmy Purdon, 117 Prior Rd, Tweedmouth, Berwick-upon-Tweed Tel: 01289 307837
Lisa Wood, 107 Eastcliffe, Spittal Berwick-upon-Tweed, Tel: 01289 305010
Berwick Rangers Juniors caters for males from 9-16 that wish to have fun and improve their fitness at the same time. We play in the Coast Colts NABC league. Please contact us for more details.

GLENDALE LADIES FC

Contact
Wendy Hogg Tel: 01668 283157
Cindy Crossman Tel: 01668 281629
Glendale Ladies play in the Northern Ladies Division Two most Sundays during the Winter, training is every Wednesday evening 6.30pm-8.30pm

FOOTBALL

HIGHFIELDS UNITED FC

Contact
Mr. B Dutor, 43 Newfields, Berwick-upon-Tweed TD15 1SJ Tel: 01289 305342
D Wakenshaw, 4 Parade School Mews, Berwick-upon-Tweed TD15 1ET Tel: 01289 307873
Highfields United F.C, welcomes new members 16+ male to join their club. Tuesday, Thursday and Saturday. We are affiliated to Wade Northern Alliance.

LOWICK FC

FA Charter Standard Development Club
Contact
Anthony Hogg, 11 Lovaine Terrace Berwick-upon-Tweed Tel: 01289 304035 Web.onetel.net/-reefgear/football.htm
Lowick F.C. welcomes new members to join its team. The club is a member of the Wade Associates Northern league division 2. Tuesday and Thursday at 6pm. We are affiliated to Wade Associates Northern League Division II. Catering for boys aged 15 upwards.

SPITTAL ROVERS FC

Contact
Sharon Buglass, 175 Eastcliffe Spittal, Berwick-Upon-Tweed TD15 2JT Tel: 01289 302676 Mobile: 07950 302676 Sharon.buglass@northland.co.uk
Amateur Football Club that asks for men of 16+ too come and have a bit of fun while working on there fitness and playing a quality game of football. We are affiliated to Northern Alliance North Northumberland leagues.
LOWICK YFC

Contact
Mark Brown, 24A Main Street, Lowick TD15 2UA  Tel: 01289 388461
Bill Blyth, 2 South Berrington, Ancroft TD15 2TF Tel: 01289 387363
admin@lowickyfc.co.uk
admin@glendaleleague.co.uk
www.lowickyfc.co.uk

FA Charter standard development club welcomes you if you are 6-16 and either male or female. We have a total of 13 coaches of which 10 are FA qualified so far. All staff are CRB checked and committed to the FA child protection policy and procedures. Boys Sat 10-12am Lowick. Girls J’10 & J’12 Tuesday 6-7, J’14 & J’16 Tuesday 7-8 Swan Centre. Glendale mini Soccer and Northumberland girls Mini Soccer League.

WOOLER JUNIOR FOOTBALL CLUB

Contact
Mr Les Porteous, Tel: 01668 281068

Wooler Junior Football Club are part of the Glendale League and train at the Glendale Middle School.

WOOLER FOOTBALL CLUB

Contact
Mr Ian Robinson, Tel: 01668 281068

BORDERS GLIDING CLUB

Contact
Brian Brown, Lamberton Lodge, Lamberton Berwick-upon-Tweed TD15 1XB
Tel: 01289 304814 Email: Peagasus31@compuserve.com
www.bordersgliding.co.uk

The club provides trial flights over the Cheviots in a dual-control glider under the supervision of an instructor, and then you are released to continue to fly like a bird over Northumberland.

The price of a flight (£50) includes a month’s membership of the club. If you wish to continue you can join the club and learn to fly. Instruction is free: you just pay a tow-plane and glider rental fee. We cater for men and women aged 15+.
**MAGDALENE FIELDS GOLF CLUB**

**Contact**
Malcolm Lynch, Magdalene Fields, Berwick-upon-Tweed TD15 1NE
Tel: 01289 306130
Email: mail@magdalene-fields.co.uk
www.magdalene-fields.co.uk

We are affiliated to the Northumberland Union of Golf Clubs and the English Golf Union. We are situated between the Elizabethan Walls of Berwick-upon-Tweed and the coast. We would love to have you, access is by membership or as a guest/visitor. North Northumberland Golf League. We cater for men and women of all ages and abilities.

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**SEAHOUSES GOLF CLUB**

**Contact**
John Gray, Beadnell Road, Seahouses, Northumberland NE68 7XT
Tel: 01665 5720794
Email: secretary@seahousesgolf.co.uk

Seahouses Golf Club is open daily from dusk ‘til dawn. We are in the Northumberland Golf league for both men and women. During summer we organise Junior coaching sessions and mini junior tournaments. Our aim is to ensure all golfers enjoy their game of golf.

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**BERWICK LADIES HOCKEY CLUB**

**Contact**
Elaine Younger, 64 Union Park Road, Tweedmouth TD15 2HY
Tel: 01289 309717 Mobile: 07952 520081
Email: nutty_nainy@hotmail.com

Gillian Ainslie, Branxton Moor Farm, Cornhill-on-Tweed TD15 4QF
Tel: 01890 820246 Mobile: 07759525499
Email: Gillian@branxtonmoor.fsnet.com

Berwick Ladies Hockey Club currently play in the Northumberland Women’s Hockey League B, hopefully promotion this year! Currently, Berwick Ladies has 25 registered members for the senior team, many of these are U19. The U19’s play in the Northumberland Harper’s League – winner and runners up 2001/2 and 2002/3 respectively. Berwick Ladies also have a junior section run by Emma Beattie. Last year they came runner’s up in a junior tournament in Durham.

We train on a Wednesday night 7.30pm–8.30pm at Berwick High School Sports Hall with games at the weekend, U19’s on a Thursday night. Berwick Juniors train on a Wednesday evening from 4.45pm–5.45pm at the Swan Centre for Leisure.
BORDER JUDO KWAI

Contact
Colin Keenan, Border Judo Kwai,
126 Shielfield Terrace, Tweedmouth,
Berwick-upon-Tweed TD15 2EE
Tel: 01289 303221

At Border Judo Kwai you will learn discipline and respect for others, increase your self-confidence and at the same time, have fun in a friendly atmosphere. Whether you just want to keep fit, learn self defence, or go through the grade to black belt – the choice is yours.

Come along yourself, or bring a friend and give it a try. Your first trial is FREE! We train at the Swan Centre on Mondays from 7pm–8pm, we offer mixed junior and senior classes.

Juniors cost £2.00 and Seniors £3.00.

The club is members of both the British Judo Association and Scottish Judo.

BERWICK AMATEUR ROWING CLUB

Contact
Les Eke, 75 Osborne Crescent
Tweedmouth, Berwick-upon-Tweed TD15 2HY
Tel: 01289 305868 Email: Les-eke@tiscali.co.uk

B.A.R.C, New Road
Berwick-upon-Tweed, Tel: 01289 308428
www.berwick-rowing-club.fsnet.co.uk

Come too Berwick Amateur Rowing club we are always looking for new members, whether you are a seasoned elite rower or new to the whole idea. Tuesday and Thursday nights 6.30pm. We cater for men and women of all ages and abilities.
BERWICK RUGBY CLUB

Contact
Douglas Hall, Old Farm House,
Sheafield, Belford, Berwick-upon-Tweed
Tel: 01668 213150

Berwick Rugby club, come get coached to become the best while improving that
fitness to your peak. Monday, Tuesday Thursday- seniors 7pm Tuesday/Thursday-
Colts under 18 1st sept Weds 7pm ladies. Scot Prem 2, Border Semi Junior and
Scot League.

BERWICK SAILING CLUB

Contact
Rose Mary Byrne, Spital West Mains,
Paxton, Berwick upon Tweed TD15 1TD
Tel: 01289 386603

Peter Gasken, Moorpark,
Foulden, Berwick upon Tweed TD15 1UH
Tel: 01890 781661
Email: P.Gasken@ukgateway.net

Dinghy sailing club is open to all who want to sail and enjoy the sea, both male and
female, young and old. Wednesday, Friday, Sunday afternoon. Scottish Bluebell
Circuit. We cater for men and women of all ages and abilities.
**BERWICK UPON TWEED (RBL) RIFLE CLUB**

**Contact**
G A Lawson, 5 Market Street
Coldstream TD12 4BU
Tel: 01890 882020
Email: georgealawson@tiscali.co.uk

This is a small bore rifle (.22 calibre) club which provides instruction in the safe handling of firearms and the self discipline necessary in this sport. We are a fully affiliated club and a Home Office approved club. We cater for both sexes.

The rifle range is located at the Stanks at Berwick. The Club caters for all abilities and has its own rifles and other necessary equipment for beginners, and those who do not hold a firearms certificate. Friday 7pm-9pm. Cumbria & Northumbria Target Association. We cater for men and women from 13 upwards.

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**NORTH SUNDERLAND & SEAHOUSES SPORTS & COMMUNITY CENTRE**

**Contact**
Mrs D R White, 58 Main Street
Seahouses NE68 7TP
Tel: 01665 720128
Email: Jat@berwick-upon-tweed.gov.uk

This club is multi functional offering a whole load of sporting activities including keep fit, martial arts and bowling so come along and enjoy what we have to offer.

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**KIRK NEWTON VILLAGE HALL**

**Contact**
Dorothy Sharp, Tel: 01890 850285
Dinah Ireland, Tel: 01668 22391

Exercise to Music - Mobility & Fun for the over 50's - Meets from September to June on a Wednesday 1.30-2.30pm at the Cheviot Centre Wooler and 3.30-4.30pm at Kirknewton Village Hall
Also Badminton is held in Kirknewton Village Hall on a Monday at 7.00pm.
BERWICK TENNIS CLUB

Contact
Claire Weeks, 46 Castle Terrace, Tel: 01289 305082
Ann Richardson, Elderbank West, High Street, Coldham,TD14 SNL Tel: 01890 771351

Berwick Tennis Club offer competitive tennis and social tennis for all ages and abilities. The Ladies teams are playing the Borders League. We will be delighted to welcome new members. We now offer coaching for juniors.

Our aim is to get more members and more social tennis events as well as tournaments amongst members. We now can offer next year’s membership starting in April.

WOOLER TENNIS CLUB

Contact
Nick Baxter, Ash Cottage, Yearle, Wooler, Email: Nickwdbaxter@hotmail.com Tel: 01668 281230

Come enjoy Tennis in your local community, and either play competitive tennis or social games. Our club welcomes all ages as well as both male and female. So come along and meet some new people while improving that all important fitness!

BERWICK RAMBLERS GROUP R.A.

Contact
Philip Thompson, 10 The Glebe, Gavington, Duns TD11 3QU Tel: 01361 883540 Email: philip@thompson83.freeserve.co.uk
John Bamford, 112 Main Street, Spittal, Berwick TD15 1RD Tel: 01289 302559
www.ramblers.org.uk

Berwick Ramblers is an affiliated member of the Northumberland Area Association of Ramblers. We cater for all levels, from those who are serious to those who just want a walk in the country. Walks ranging from 7–14 miles. Stout footwear advised. Meet for all walks on Sundays. We are affiliated to Northumberland Ramblers Association. We cater for men and women aged 16 upwards.

WOOLER TENNIS CLUB

Contact
Linda Murray, Tel: 01668 282132 Email: p-g-murray@tiscali.co.uk

Established in 1923 at Weetwood Avenue, Wooler is open all year round and has two tar-macadam courts. Membership is £20 per annum for Adults and £6 for Juniors, non-members are welcome to play, and the fee for non-members is £2 per session. The club has a committee of eight members and organises fundraising events, competitions for Adult / Juniors and takes part in the Adult Friendly League. Coaching for Adults and Juniors starts at Easter and continues through to October with a qualified coach.
ABM - YOGA WORKSHOP & CLASSES

Contact
Margaret Davidson, 10 Burnhouse Rd, Wooler
Tel: 01668 281462 Email: margaret@abmworks.f9.co.uk
www.abmworks.f9.co.uk
www.wooler.org.uk

Come feel the calming relaxing feel that yoga can do for you. This is for all abilities, so come along and feel the stress peel off Monday, Tuesday, Thursday and Friday mornings also weekends. We cater for men and women aged 18+.

LOWICK YOUTH CLUB

Contact
Moira Metcalf, 79 Main Street, Lowick, Berwick-upon-Tweed TD15 2UD
Tel: 01289 388256
Email: family@mmetcalf.fsnet.co.uk

We meet at Lowick Village Hall on a Thursday evening. March to October – every two weeks 6.30pm–8.30pm. October to March – every week with alternative sports nights. We cater for children from eight years old. Pool tables, table tennis, darts, CD player, PlayStation, craft activities etc. available. We are self funded from weekly subscriptions of 70p per member with small tuckshop. We are Members of the Northumbria Youth Association. Our aim is to provide a safe meeting place for local children, where they can meet with friends and have fun!

ETAL YOUTH CLUB

in Etal Village Hall

Contact
Steve Taylor, 22 Etal Village
Tel: 01890 820566
Email: etalvillagehall@aol.com

The Youth Club meet in the village hall on Monday nights from 7pm–9pm. We cater for all 9–16 year olds. We have table tennis tables, a climbing wall, PlayStation 2, a pool table, internet access and badminton. So come and join us and have some fun!! This serves as a friendly place to meet friends away from home during the winter months.